

TRIUMPH COUNSELING MINISTRIES TRAINING MANUAL SYLLABUS

INTRODUCTION: After the completion of these sessions, the counselor will be able to:

1. Assess the history and background of a counselee in order to evaluate and determine the possibility of demonic influences and activity.
2. Lead the counselee through a series of prayers in order to confess sin and cancel consent given to evil spirits.
3. Instruct a counselee how to renounce evil ancestral influences.
4. Assist counselee in confrontation and expulsion of personal evil influences.
5. Assess any traumatic happenings in the counselee's life and investigation of any disassociation of the personality.
6. Read and assimilate materials and books pertaining to the authority of the believer and overcoming evil entities.

TRIUMPH COUNSELING MINISTRIES TRAINING MANUAL

SYLLABUS

first session outline

I. introduction

- A. the counselor will reinforce confidence.
- B. the counselor will be personable and unshakable.
- C. the counselor will stand with counselee before the throne of god.
- D. the counselor will lead counselee to lean on the lord Jesus Christ

II. first objective: get acquainted.

- A. the counselor observes counselee for any demonic manifestation.
- B. the counselor will command binding of evil entities and loosing the holy spirit.
- C. the counselor will protect the counselee by using Christ's authority. if the counselee complains of pain, nausea, etc., the counselor will pray, commanding it is put back on the demon causing it.
- D. the counselor will use Christ's authority, should the demons challenge the counselor's authority.
- E. the counselor must stay in his/her position in Christ
- F. the counselor must be merciful to the counselee, not the demons.

III. second objective: gather information.

- A. the counselor will never accuse a counselee of having demonic activity.
- B. the counselor will pray for god's guidance before agreeing to see counselee.
- C. the counselor will determine whether to proceed with the counseling.
- D. the counselee will be responsible for making appointments.
- E. remember some counselees will not follow-up.

IV. the counselor will assess information from the preliminary forms.

A. personal and family history.

B. evaluation of possible evidence of spiritual oppression.

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Second Session Outline

I. introduction

II. first objective: confession of all sin.

- A. the counselor will be personable
- B. the counselor will have preliminary information evaluation in hand.
- C. have ten commandments and sin list completed.
- D. do introduction prayer commands.

III. second objective: read and sign prayers.

A. Read and sign the following.

1. Salvation Prayer.
2. Renunciation and Affirmation Prayer.
3. Personalities Prayer.

B. Have counselee sign all known names.

C. Go through Ten Commandments orally and confess sin.

D. Prayerfully discern if you will counsel the individual or refer him/her.

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SESSION THREE OUTLINE

I. INTRODUCTION

A. PRAYER COMMANDS.

1. Command all demons that left but did not go to the pit come back to the person immediately. Command one way traffic only.
2. Cut off all soul ties from others and divide soul and spirit.
3. Counselor reads out loud Rev. Ernest B. Rockstad's "Counseling in the Demonic Crisis".

II. FIRST OBJECTIVE - CONFRONT AND DEAL WITH EVIL ANCESTRAL INFLUENCES.

A. Ancestral demons are inherited, Exodus 20:3-6.

1. Become gatekeepers or strongmen, Luke 11:20-26
2. Have literally hundreds and legions under them. Mark 5:9

B. Counselee cannot overcome inherited demons until ancestral entities are exposed and cast out.

C. Counselors need to start with ancestral strongmen or gatekeepers from each parent, birth father and mother.

D. Counselee confesses sins these entities caused and take background or place that has been given.

E. Demons that have gone into children or spouse of the counselee are commanded to stand before the Throne of God to be judged.

III. SECOND OBJECTIVE: CONFRONT AND RENOUNCE FAMILIAR SPIRITS AND SPIRIT GUIDES.

A. FACTS ABOUT FAMILIAR SPIRITS.

1. They are related to the occult.
2. They are related to the family.
3. They have mediumistic abilities mistaken for the Holy Spirit.
4. Familiar Spirits usually have no ground or place, but come from

ancestors.

5. The counselee confesses any ground given.

6. Demons passed on to children are recalled to the Throne of God to be judged.

B. FACTS ABOUT SPIRIT GUIDES.

1. Demons assigned to a human by another as a gift.

2. Demons masquerade as the Holy Spirit.

3. Counselee confesses sins of believing lies, relying on the demons rather than the Holy Spirit, and takes background or place.

4. Command all spirit guides to come from counselee and all others. The Holy Angels escort them before the Throne of God and then to the pit or wherever the Lord God sends them.

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FOURTH SESSION OUTLINE

I. INTRODUCTION. REMARKS TO COUNSELOR.

- A. Notice changes the counselee has encountered since the last session and discuss current problems.
- B. Proceed with prayers of protection, prayer commands and the reading of "Counseling in the Demonic Crisis".
- C. Encourage the counselee to be a tattletale of all that comes into his/her mind and to stay alert and focused.
- D. Speak to the person, not the demons. Counselee is instructed to look at the counselor because "the eyes are the mirror of the soul."
- E. Remember each counselee and each session is different.
- F. If needed, enlist other intercessors to pray during the session.

II. PROCEDURE OR DELIVERANCE COMMANDS.

- A. First command. Command the group of demons God desires to be dealt with, to come forward.
- B. The chief demon in this group is called forward, and all demons associated with him are aligned in rank.
- C. Counselee will get used to discerning difference in his/her thoughts and demon voices.
- D. What to do if entity should take counselee over.
- E. Information asked of the demon includes:
 - 1. What is your name?
 - 2. When or what age did you enter?
 - 3. What do you do in this individual?
- F. Games demons play.
 - 1. Demons lie, so test as truth before the Throne of God.
 - 2. Demon names, no names, or human names.

3. Demons may try to hide.

4. Demons may bring confusion, hindrances, or try to make you sorry for assisting the counselee.

5. Believe it, the demons have a plan.

G. After counselee takes back ground and confesses sin, then ask the Lord God to send His Holy Angels to bring these demons before the Throne of God where they are judged and sent to where the true Lord Jesus commands them to go.

H. The process continues until it is completed.

I. Anoint the counselee after each session.

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SESSION FIVE

I. OBJECTIVE ONE: TRAUMATIC HAPPENINGS

- A. Assess traumatic happenings.
- B. Note any sexual abuse.
- C. Note ages when counselee was abused.

II. OBJECTIVE TWO: INVESTIGATE ABUSE

- A. Investigate habitual traumatic abuse.
- B. Explore childhood memories with counselee.
- C. Note personality changes and names.
- D. Explore possibility of dissociation.
- E. Assess your options.

TRIUMPH COUNSELING MINISTRIES TRAINING MANUAL

FIRST OR PRELIMINARY SESSION

FIRST SESSION OBJECTIVES:

1. The counselor will establish rapport with the counselee, and evaluate personal and family history information through completed forms.
2. The counselor will assess and discern spiritual problems, ruling out any physical or emotional symptoms through information on the completed forms.

INTRODUCTION

The First or Preliminary session has two objectives. The first is to get acquainted with the person. The second is to gather information. This should be a relaxed session and the counselor should do everything possible to reinforce confidence and acceptance. There will be sensitive information revealed about personal experiences. The counselor needs to reinforce and express to the counselee that each session is confidential. Because of this fact, we usually do not have anyone else in the sessions with us. Or if we do, it is someone we are training.

The person meeting the counselee must be personable, kind, and unshakable. If a lay person gathers the information, be sure he/she is trained. The counselee has a right to expect a nonjudgmental, unshakable, and non-condemning attitude. In this particular area of counseling, there will be many times when you will be tempted to react in shock and repulsion to immorality, murder, and sin of every imagination. Try not to react! The person needs to feel loved and accepted by the Lord God as confession of sin and cleansing takes place. To many people, you will represent the Lord in human form.

The counselee also needs to be aware that you are there to stand with him/her before the Throne of God. The Lord Jesus Christ is his/her advocate, "My little children, these things I write unto you, that you sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous: And he is the propitiation for our sins: and not ours only, but also for the sins of the whole world."(1 John 2:1,2) Some counselors in this field will fast and "stand in for the counselee". However, we have come to the conclusion that the counselee committed the sin and has to take responsibility for the action. But we can stand with him, as he faces the Lord God concerning his/her sin.

The counselee needs to be aware that the counselor does not know all things but will lead him to Christ who has overcome all things. Although counselors do not have all wisdom and knowledge, we come before the Throne of God and ask the Lord God to give wisdom and healing. We ask the Lord God for protection for the counselee and counselor because it is a partnership.

The counselee should not rely and become dependent on the counselor. The

counselor should direct the counselee to the Lord God as the authority. Anytime a counselor makes the counselee dependent on him/her, that counselor is in trouble. No human being is capable of solving all of another person's problems or situations. It is the counselor's job to direct the counselee to the Lord God. The counselee should learn to rely on Him, not another human being. We are only fellow servants.

FIRST OBJECTIVE: GET ACQUAINTED.

In the preliminary session, we observe how the counselee thinks, his/her mannerisms, and any demonic manifestations. The eyes are the mirror of the soul. Demons may manifest themselves in the eyes. If they do not, it does not mean there are none present. Sometimes they try to hide because the counselor and the counselee are determined to make them leave. At other times, the demons may be scared, especially if they are aware that the counselor knows his authority in Christ Jesus. The demons may try to shock you and challenge the authority, which you have in Christ.

If the person expresses he is nervous and feels scared inside, try to encourage him/her to relax. The demon may be making him scared. Therefore, reassure the counselee that you are only going to discuss what to expect in the session and talk about his/her circumstances at this time. If the demons manifest themselves, they are either scared of you or they think they are more powerful and have more knowledge than the counselor. You may have to make the command, "In the Name and Authority of the Lord Jesus Christ, we bind you and command one way traffic only, and that is to the Pit." You can always bind the evil entities and loose the Holy Spirit. It is a safe and good command.

Remember that you are in a battle. It is imperative not to underestimate or overestimate your opponent. It is better to bind the entity rather than command them to leave. The counselor must always be in control and remain in his position IN CHRIST.

It is not uncommon for the counselee to complain of pain, nausea, or other physical problems in the sessions. If that occurs, make the command, "In the Name and Authority of the Lord Jesus Christ, we command the pain, nausea, etc. be put back on the demon who caused it." This will inspire confidence in what you are doing and will indicate to the demons that you are in control through the Authority of the Lord Jesus Christ.

If the above does not take care of the situation, the demons may be trying to challenge your authority over them by showing strength. Demon entities are like bullies. You have to let them know you are not scared of them, by exerting your authority through the Lord Jesus.

Remember that it is not your authority, but Christ's resurrection power over them. Your purpose is to show the demons by whose authority you are operating in and also that you will choose when and where there will be a confrontation. The

command is, "In the Name and Authority of the Lord Jesus Christ, loose him."

These demonic bullies may try to force you to have a confrontation to show their strength. They hope that you will get fearful and be angry. Their purpose is to shake you up in order to get you out of your position in Christ. You must not let them intimidate you. It is important that you know your position and exemplify that you mean business. You will not stand for their antics or hysterics. They can be very theatrical, and the more you let them entertain you, the more they will try.

Keep in mind that demons have just so many tricks in their bag to defend themselves. If you try to imagine their position, you will understand that they are deceived. They are at a disadvantage by being under the cruelest boss, the devil. They know what their punishment will be when they fail in an assignment. But don't feel sorry for them. They will not be merciful to the person nor you if they get the upper hand.

SECOND OBJECTIVE: GATHER INFORMATION.

The second objective of the preliminary session is to gather information to determine demonic activity. Some who contact you know that they have demonic problems, whereas others do not. Do not expect everyone to have demonic problems. The person may be mentally ill or may have physical problems. The person may get into the habit of blaming the devil for his/her ill fate, or just want someone's attention. We inform the person that we will test the spirits, but do not make any determination until after the forms are filled out and we have a time to pray and talk.

Determining demonic problems is sometimes a difficult decision. We make it a policy never to accuse a person of having demons, but we discuss the possibility with the counselee if there is evidence.

Even if the counselee does have demonic problems, it does not mean you have to get involved. We suggest you pray about each individual. Although it is difficult to tell someone you cannot take his case, it behooves us to pray and seek the Lord God's guidance before you get too involved. You may feel you do not have the experience, or that your time is limited, or the person may not exemplify a sincere attitude. It is important for you to be in the center of the God's will. When the battle gets rough and the devil is on your back, you will be glad to look back and say, "I know God led me to do this and He will never forsake me. He will be with me all the way."

If there is sufficient demonic activity, then proceed with the next step. Involvement in drugs, alcohol, the occult, sexual sins, hard rock music for prolonged times may be indications. Also ancestral backgrounds may make you suspicious.

After evaluating the information from the person and the forms, you will be able to determine the need and whether you will go further. We usually ask the person

to either make another appointment then or call us for an appointment. It is best to make the counselee responsible for the next session. If you feel the need to refer them, be honest. Give yourself time to pray and discern what God wants you to do.

Some individuals will not follow up. After all, it is hard to submit to another and confess gross sin or that there are demons present. Some have a lot of guilt and do not want to fall short in your eyes. They may doubt that God does forgive. Others are afraid of punishment. It is good to remind the person that if they do not want to tell you the sin, they may pray and confess it to the Lord. Sometimes, we say, "If you have committed , will you confess it to the Lord." As the individual becomes acquainted with you, he/she will be assured of your love and concern and will feel confident to continue.

If the counselee does not continue the counseling, you have to understand that this is acceptable and their decision. You are only assisting them. Unless the counselee is ready to face their sin and themselves, it rarely does any good to proceed.

ASSESS INFORMATION FROM PRELIMINARY FORMS.

PERSONAL AND FAMILY HISTORY QUESTIONNAIRE.

1. GENERAL INFORMATION.

It is important to know the background of the counselee.

Church affiliation and pastor can be pertinent when the client comes from another church. Pastors can be helpful at times.

The counselee's salvation experience is the starting point.

We recognize that some believe a Christian cannot have a demon. In our experience, if the person does not have Christ, there is very little hope of deliverance. The person will need to be led to a personal experience with the Lord Jesus Christ first, then proceed to lead them to freedom. You will want to go over specifics as to the counselee's salvation experience and assurance of salvation.

Marital status is sometimes significant. Divorce or other circumstances may bring them to counseling.

The full birth name and other known names are very significant. Be sure to explore every name. Be sure to note the material included pertaining to names, segmented personalities and multiple personalities. All prayers must be signed by the full birth name, any legal name changes, marital name changes and all nicknames, initials, etc. On the first interview, this needs to be reviewed with the counselee. As you become acquainted, you will use all of this information. When

addressing the counselee, you use his/her full name.

2. FAMILY BACKGROUND.

This information is important when you start dealing with the ancestral sin and evil influences. Some individuals may not know the nationality background, or if their relatives were Christians. You will find that many individuals have no knowledge of grandparents. We have had various experiences with individuals to whom the Lord revealed family secrets from three or four generations back. "You shall not bow down to them nor serve them (other gods). For I, the Lord your God, am a jealous God, visiting the iniquity of the fathers on the children to the third and fourth generation of those who hate Me." (Exodus 20:5)

The sequence of siblings sometimes gives clues. The oldest child usually inherits a major portion of demonic activity from both parents. Sometimes the youngest does also. Therefore, the place a person is in their original family may hold clues to the problems.

3. SIGNIFICANT HAPPENINGS

Memories of childhood and adolescence are also important.

Sometimes we ask the person to make a time line of their lives, including significant happenings. If the person cannot remember their childhood, this is very significant. If the individual cannot remember below ten or twelve, explore the possible reasons why the memories are not there. Even though you may not want to address this matter at this time, do not ignore why. Be aware of the material on personalities and multiple personalities, as well as Satanic or sadistic ritual abuse.

4. MEDICAL HISTORY

Major illnesses and current medications indicate where the counselee is right now. If you are dealing with someone who is physically ill, advise him/her to see a physician. It is necessary to question each individual as to illegal drugs. They should not have used illegal drugs in the last twenty-four hours. The influence of alcohol or illegal drugs makes it difficult for the counselor and the counselee. We have had individuals come in this condition and it is always problematic.

Mental illness needs to be explored with the counselee. If they or family members have been diagnosed as mentally ill and institutionalized, you will have to make decisions. You need to know what the diagnosis is, medications they are currently on, and the name and address of their doctor. You will also need dates of hospitalizations. Be sure to read the material in this packet concerning mental illness and demonic activity.

5. CHIEF COMPLAINT

We include the counselee's chief complaint because we need to know his/her perspective as what the problem is and why they want to come for counseling. If the person is sincere, these will be honest explanations.

EVALUATION OF POSSIBLE EVIDENCE OF SPIRITUAL OPPRESSION

Everything on this form is very important and need to be assessed minutely. Compulsive thoughts, feelings and behavior should be evaluated by each item that is checked. These fall into certain categories. Some fall into spiritual oppression from specific demons, which can be dealt with in the second session. These may be ancestral, or the person may have invited them in through sinful actions.

Indications of strong entities are mocking and blasphemous thoughts toward preaching/teaching of the Word of God, a strong aversion toward Scripture and prayer. When there is a severe reaction to the name and blood of Jesus Christ suspect strong entities. You should also suspect some tie to Satanism in the present or in the ancestry.

Any violent thoughts, suicide, or self-abuse needs to be specifically noted. Suicidal thoughts are very dangerous. If the person has a mental illness history, do not take any chances. You do not want to be responsible for a death. This is very important to note at the beginning.

Self-abuse can be indications of deeper problems. A counselee who has history of cutting anywhere on his/her body is a very serious case. Be sure to ask the counselee why he/she checked it. Suspect some ritual abuse in the background.

Problems of consciousness are all significant. Be sure to ask the counselee about each question that has been checked. Loss of time may indicate habitual abuse which could result in DID or multiple personalities. Hearing voices in the mind may indicate hallucinations or strong evil entities. When the counselee refers to himself or herself in the third person, this may indicate a person with alters or dissociation. These are all very significant.

Abnormal medical problems should be discussed with the counselee. You do not treat a medical problem. You will want to deal only with spiritual symptoms.

QUESTIONNAIRE FOR THOSE DESIRING SPIRITUAL GROWTH

1. **TRAUMATIC EXPERIENCES.** This deals with any sort of traumatic experience in childhood, teenage, or adulthood. This includes abuse. It will be helpful for the counselee to deal with the trauma and put it behind him/her.

2. **EMOTIONAL PROBLEMS, DESTRUCTIVE HABITS, AND IMMORAL CONDITIONS.** These concerns current sins and possible demonic activity. Through confession of sin and through dealing with ancestral connections, the counselee will take back legal ground and make deliverance easier. Dealing with the flesh is difficult. The

flesh has to be crucified, and the individual has to learn to say no. The flesh is sometimes harder to be dealt with than demonic activity.

3. OCCULT ACTIVITY. The' occult activities may have originated with the person or their ancestors. First, the person needs to confess and take back ground he\she may have given through these activities. Don't neglect the possibility of ancestral influences in the background.

The questions concerning spirit guides, Satan worship, witchcraft, imaginary playmates and martial arts are extremely important. The implications are all significant. Be sure to ask about any of these that have been checked.

4. CULTS. Cult involvement is significant. It acquaints you with this person and their beliefs. Some may not be familiar to you. You need to know about each.

5. DRUGS. Each drug used or pushed has possible demonic connections. Be acquainted with them. The age these drugs were taken is important. Demons may have invaded the person during that time.

6. SPIRITISM. This may be a one-time experience or a long-term habit. Confession of the sin of participating in these activities is in order. You can explore the ancestral later. Mediumistic abilities are usually ancestral.

SESSION TWO

SECOND SESSION OBJECTIVES:

1. The counselor will lead the counselee through confession of sin.
2. The counselor will lead the counselee through a series of prayers, concerning salvation, renunciation and affirmation, as well as a personality prayer.

INTRODUCTION

The second session has two objectives. In the first objective, the counselor will lead the counselee through confession of sin. The counselor will lead the counselee in a series of prayers and assist him/her to confess sin through the Ten Commandments.

We have discussed the First session, but there may be times when you will choose to mail the necessary forms and the counselee will bring them completed to the first session. In that event, you may want to combine the first two sessions. You may want to stop the first session after the prayers and proceed in the second session. Be flexible and proceed as the Lord leads.

Some counselors in this field schedule sessions for about an hour. You may find this convenient and your preference. We prefer two-hour sessions and there are several reasons for this. First and foremost is the fact that the demons will undoubtedly have a plan to obstruct their removal in every way possible. They will be prepared to defensively hinder your every move. If the demons are aware that there will be an hour session, then all they have to do is stall you for an hour. By hindering the progress, and bringing confusion, the demons obtain their objective. It is one of their favorite maneuvers. Watch for this maneuver.

It is more difficult for the demons if they don't know how long you have scheduled and the time frame. Sometimes, we call the counselee and have an unscheduled session. This may be needed and is very effective, especially in hard cases.

Also, blocks of time are more relaxed and we accomplish more. If there is another person waiting to be seen, it may be more stressful on you. We have tried it many ways but eventually went back to scheduling this way. As a single staff church pastor some twenty five years ago, we started by setting aside some nights to counsel. At this time, we schedule day and night time sessions, but try to balance counseling and other activities and responsibilities.

Many pastors complain that they do not have time to counsel in this area. It is difficult, but the rewards are so great. The authority that you learn will expand and carry over into all other responsibilities, both personally and in the church. Once you understand and exercise the authority Christ has given to you, you will see evidence in all aspects of your life. As you learn to take your authority in Christ through counseling and experience Christ's power over Satan and his

demons, you will start using that authority in every area of your life. You may have been rather shy about demanding your rights before this time.

Another reward of this type of counseling is the instant removal of the entities. We marvel at the immediate results and the satisfaction of the removal of the entities, which results in spiritual growth in the counselee. We have seen accelerated spiritual growth in each person we have counseled. Most other counseling takes many sessions and produces slow results, but because of the removal of the demons, the change in the counselee is sometimes remarkable.

When entities are called forward, you will see change in the eyes of the individual. For example, if it is a hate demon, you will see the hate reflected in the eyes of the counselee. When you command in Jesus Christ's Name that the demons are to come before the Throne of the Lord God and then go to the Pit, you may see the eyes of the person become instantly clear.

You will also learn to take care of yourself when the enemy attacks. We are like children. A child is ignorant of the dangers of life. Spiritually, we are often ignorant of the dangers of the enemy. As we learn to exercise our authority in Christ, we will exert our authority over the demons and gain the victory. Most Christians may be prisoners of war and do not know that they have been in a battle. Are you ready to stand on the front lines and make a difference in this battle?

FIRST OBJECTIVE - CONFESSION OF SIN.

Therefore, we assume that you have prayed the prayer commands and "Counseling In The Demonic Crisis" by Ernest B. Rockstad at the beginning of this session and follow the second session agenda. We ask the counselee to give his/her verbal authority to counsel and sign a legal release or agreement and the Preliminary information is in your hands. Perhaps you have already gone over the Personal Sin List, and the Ten Commandments and led them to apply I John 1:7-9. Some individuals may not be able to do this by themselves and you may have to take some time to lead them through a personal sin list or have someone else supervise this. If a pastor refers the person, you may have him to work through this part with the counselee before the first session. We prefer to do the prayers with the individual in a session.

When a relative, friend or pastor comes with the person, we usually let them stay with us through the prayers. This gives us opportunity to explain what we are doing and why. We prefer not to have anyone with us when we deal with the Ten Commandments, the ancestral sins and all other sessions.

SECOND OBJECTIVE-PRAY AND SIGN PRAYERS.

The next step in the procedure is to read and sign three prayers. These prayers were designed as a spiritual legal agreement between the person and the Lord God. The Salvation prayer is a spiritual legal agreement to declare that the Lord

God is his/her God. The Renunciation and Affirmation Prayer declares that the person is putting aside and making void all other agreements with other gods and the gods of his ancestors. The Personality Prayer declares that the Lord God is Lord of the whole person, including any segments or alters. It declares that the Lord God destroy all altars to any other gods.

Therefore, the person will sign his/her legal name and all other names they have been known by to make it a binding legal document. Names are very important. In the Bible, God named some persons even before they were born. The individual's birth name is very important for this to be a binding legal agreement.

If a woman has been married, she will sign her maiden name and her married name. If she has been married more than one time, she will sign her maiden name and each of her married names. For example, Mary Jane Walker (maiden) William's (first marriage) Hurst (second) Boles (third). Mary Jane may have been known as Mary by the family, Sister, by siblings and M.J. by school friends. Therefore, she will sign Mary Jane Walker William Hurst Bolles. Above it she will sign, Mary, Sister, M.J., and the date. She will sign the same names on all three prayers.

If the person has been adopted and the legal name changed, you will have him/her to sign both names. If the person has Satanic name or a Pagan name through witchcraft, he/she will sign those names also. We will deal with segmented personalities, demonic personalities, and alters later, but it is important for you to be aware of all names in the beginning. It is also important for the person to sign all known names at this time. We had been aware that names meant something significant because individuals commit sin by certain names. As we became aware of how dissociation occurs, we understood more clearly why names are so important. Our goal is for every part or segment of the personality to make Jesus Christ Lord and the Holy Spirit to have complete control of the body, soul and spirit.

The Prayer of Salvation was written from scripture and includes confession of the sins of the ancestors. It is an effort to break history repeating itself. We recognize that certain sins are repeated throughout the generations. Rev. Ernest Rockstad wrote the Prayer of Renunciation and Affirmation some years ago. We have found it to be a powerful prayer that is most effective. You may encounter individuals who cannot read it without your help. Some may turn words around or skip words. Others may complain that the words are blurry. We recommend the counselee read the prayer out loud. We suggest the counselor follow the reading of all the prayers verbatim and correct the person of any mistakes. If the person has problems or has pain while reading, it is a good indication that entities dwell within. Even if the person does not have trouble reading the prayer, do not rule out that there are no demons.

The personality Prayer was developed from scripture in an effort to help the person become a whole or united person who desires to serve the Lord God only. Personalities dissociate for a reason. Prolonged abuse is one reason. Physical,

sexual, satanic or sadistic prolonged abuse develops segments and or alters.

The counselee has already gone through a series of confession of all known sin, but we still like to go through the Ten Commandments again to be sure all ground or place has been reclaimed. Each commandment is read and the counselee is asked to confess all sin which may be related and take back all ground or place that the person may have given to any entity. The appropriate commands have been written down for you and you will follow them verbatim. This may seem redundant to you, but the process will become evident as we progress. Always explain each procedure to the person, if the Lord reveals a sin that is embarrassing, the person confesses the sin to the Lord silently. It is the Lord God that forgives and cleanses from sin. We are there only to assist the person.

As this second session comes to an end, you will know more about the individual. The counselee has become a person to you. There has been personal information shared and hopefully the counselee has become confident in you and the approach in which you are progressing. Coming for counseling is stressful and the unknown can be terrifying. We need to inspire and reinforce confidence. We frequently use the following statements. "God has not lost a patient yet." "you're in Good Hands." "You are right on schedule; stay with us to the end!"

Many times, we have referred individuals to a mental health professional or physician. Usually after the first session, you can prayerfully make that decision. You may feel that it is more involved than your expertise. This decision is acceptable and you should accept no guilt from Satan for this. There may be other times when the counselee does not return. You should not accept any guilt in this case. There are many reasons why a person may not choose to continue. Console yourself with the fact that the counselee contacted you first. You did not approach the counselee for help and they have to live with the results of not continuing. Do not let the Devil put a guilt trip on you and don't have a pity party. There will be others who want the help. It is important that we stand ready to help those who seek our help.

TRIUMPH COUNSELING MINISTRIES TRAINING MANUAL

SESSION THREE

1. The counselor will assist the counselee to confront and renounce evil ancestral influences.
2. The counselor will assist the counselee to confront and renounce all familiar spirits and spirit guides.

INTRODUCTION

By the time you have had the counselee to work through the prayers and the Ten Commandments, you are ready to proceed. You may spend a short time inquiring how the counselee is and any difference he/she has seen in himself/herself since the last session.

The objective in this session is to confront and deal with evil ancestral influences plus familiar spirits and spirit guides. Don't forget to pray and include the prayer commands listed for the second session.

A. PRAYER COMMANDS

The first prayer command is that all demons that may have left the person are to return and go to the Pit immediately, one way traffic only. This powerful command is necessary, because demons are not bound by space or time. The chief demons or gatekeepers usually stay and keep their position within the system and the lesser demons are sent out. Therefore, you may be ready to deal with them but they are off gallivanting elsewhere. This is a favorite diversion tactic. Therefore you make the command for them to return, whether they like it or not.

The second prayer command is to "cut off all soul ties and divide the soul and the spirit". Soul ties are related to relatives, blood pacts, and other ties with individuals through the flesh or the soul. This command is a precautionary measure and eliminates the complication of divided demons. A divided demon is one who can be partially in two or more persons.

In the second prayer command, we routinely use the command of dividing the soul and spirit. This is a precautionary measure and is recorded in Hebrews 4:12 "For the word of God is quick, and powerful, and sharper than a two edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart."

B. "COUNSELING IN THE DEMONIC CRISIS"

We started using Rev. Rockstad's "Counseling in the Demonic Crisis" many years ago. We sometimes refer to this prayer as the "Riot Act". That means we mean business and they know it. This gives certain preliminary commands that are very

important. In the first paragraph is a declaration of independence from the evil one and all of his wicked spirits in this person. The second paragraph gives opportunity for the person to plead for the Lord God to deliver them from the power of Satan.

The commands in the third paragraph help speed the process along. Demons operate through legalities. When commands are made in the Name and authority of the Lord Jesus Christ, they have to take notice and literally do what you command, unless they find a loophole.

With these commands, demons realize what we expect from them and what to expect if they do not conform. Most likely these demons have already checked you out on the big computer down below. They may know how much you know and where you learned it. But do not be deterred. You can rest assured that our Lord and Savior, Jesus Christ, is the victor and has all the keys. He and His Mighty Angels know how to handle the devil and his demons.

In the next sentence, Satan is literally commanded to leave the premises, to forsake the wicked spirits in this person and not to send any assistance to them whatsoever. This command isolates the demons from Satan and cuts off communications and any help. They have to rely on their own wits. They are commanded to send no reinforcements. Within the system, they cannot regroup or reorganize and no dividing or multiplying of the demons. Only one way traffic and that is to the Pit. They are commanded not to pass on their work to another when they leave. Demons that do not have a name or is a place taker (no particular work) are to leave with whom they are associated.

Demons are commanded to be in subjection to us through the Name and Authority of the Lord Jesus Christ. They are also commanded to leave quickly and easily, without any injury to the person. This command often has to be enforced during the session by using another command, "you put the pain back upon the demon". We are to assist and help protect the person from demons hurting them.

The last paragraph of this prayer command is perhaps the most important. We can choose to operate through many ways, soulish, fleshly, psychic, to name a few. But we choose to operate only in the Name and Authority of the Lord Jesus Christ on the basis of His redemptive work on the Cross, the Power of the Holy Spirit, and His resurrection power. This should indicate to the demons that we have the power of the Lord God and His mighty angels to back us up. Our attitude should be, "Don't mess with us. We do not intend to put up with anything."

We continue to use these introductory commands for each session because it is stated concisely and one may forget these preliminary commands if he does not read them verbatim. We have used this prayer in various ways through the years. When a person has difficulty and calls us, we read the "Riot Act" over the phone. We take charge over the demons to protect the person and help him/her to take charge. In hard cases, we have used this prayer every day to stand with the counselee, in order for the person to stay in charge. We have also used this

prayer for those who are lost and would not be able to choose the Lord for salvation and counseling.

n. FIRST OBJECTIVE: CONFRONT AND DEAL WITH EVIL ANCESTRAL STRONGHOLDS.

The main objective in this third session is to confront and deal with evil ancestral strongholds. This includes all familiar spirits and spirit guides. You have gone through the prayer commands, etc.

Some counselors will not spend much time with the ancestral aspects of deliverance. Some may not even believe there is a possibility that our ancestors and their sin may affect us. Some will have the person confess the ancestral sins generally and give a brief prayer concerning this issue. We still include Rev. Rockstad's "Prayer of Renunciation and Affirmation" and for years did not go much further. We finally came to the conclusion and now feel strongly that it is a key to successful deliverance.

We base this on the premise that demons are sometimes inherited, according to Exodus 20:3-6.

"Thou shalt have no other gods before me. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And shewing mercy unto thousands of them that love me, and keep my commandments."(KJV)

When demons are inherited from the birth mother or birth father and their ancestors, they become gatekeepers or strongmen. The gatekeepers or strongmen create a house or place similar to a small kingdom within the person. Satan cannot create a person; therefore he is forced to use this method to attempt to capture human beings. Gatekeepers or strongmen have multiple underlings to do their bidding. Jesus referred to this in Luke 11:20-26.

"But if I with the finger of God cast out devils, no doubt the kingdom of God is come upon you. When a strong man armed keepeth his palace, his goods are in peace: But when a stronger than he shall come upon him, and overcome him, he taketh from him all his armor wherein he trusted, and divideth his spoils. He that is not with me is against me: and he that gathereth not with me scattereth. When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will return unto my house whence I came out. And when he cometh, he findeth it swept and garnished. Then goeth he, and taketh to him seven other spirits more wicked than himself; and they enter in, and dwell there: and the last state of that man is worse than the first."(KJV)

The gatekeeper invites other demons to join him and he becomes the ruler over

them. There can be literally hundreds under one or more gatekeepers as in Mark 5:9, "My name is legion, for we are many."

Ancestral demons are usually difficult to expel because it is necessary to have someone stronger or the Lord Jesus Christ to spoil their goods and cast them out. They have ground or place, which was given to them by an ancestor of the counselee. If the counselee has given additional ground or place, the person should confess the sin and take back that ground or place. But the gatekeeper or strongman still has to be dealt with. Otherwise he will "taketh to him seven more wicked than himself: and the last state of that man is worse than the first." In other words, if the person confesses his sins and cleans up his house, but leaves the gatekeeper or strongman there, it is much worse. Only the stronger can straighten out the situation. According to the Word of God, that gatekeeper or strongman can go in and out of the person.

If the person has given the ground or place and it is not inherited, then he/she can confess the sin, take back the ground and thereby make the entity leave. This explains why some people can overcome by themselves and do not need anyone to assist them through the process. You will often hear testimonies of this.

Through the years, we realized that there were a group of individuals who could not overcome certain sins and needed help.

We discovered that these were the individuals who had ancestral entities, which they inherited from their birth father and birth mother. They would try desperately to overcome certain sins by confessing the sin over and over again without finding any victory. The victory was not attained because the sin originated with the ancestor, not individual. When the ancestral ties were broken, then there was victory over that sin and there was peace.

Some entities have been in family lines for a long time, which makes them strong. Many times we have heard them cry, "No! you can't make us leave. This is our home." They are deceived and some even think that in the end their leader, Satan, will win and rule.

For many years, we started the counseling process with the last entity that entered in and dealt with them one at a time. Then the Lord taught us that demons exist in groups or clusters. So we started challenging the groups, pinpointing the leader, thereby making him carry all his underlings with him when he left. We also realized that if the person confessed all his/her sins, the place or ground could be taken back. If the ancestor committed the sin, the person needed to confess the sin of that ancestor. Formerly, we would work from the present and finally get back to the ancestral or the strongman or gatekeeper.

Finally, we tried starting with the ancestral demons first, then proceed to the entities which the person had given ground. This has proven very effective. The premise is the fact that if you have inherited demons from your ,parents, the person gave no ground or place to that demon. Therefore, by confessing the sins

of the person who gave the place, the strongman could be cast out in the authority of the Lord Jesus Christ. We found that we needed to deal with each side of the family and include the birth parents and grandparents, always inquiring about the possibility of the sin going back several generations.

Some information about the birth father and mother has been given in the Family History. You should know their names and nationality. Some individuals may not know this information. This is not a problem and we proceed whether or not the information is known.

At times you will have to follow by faith what the Holy Spirit reveals to you. The counselee may not have any knowledge of the circumstances. We have experienced dramatic incidences such as murders, war scenes, satanic rituals, sexual assaults, and Indian massacres to name a few. Many times, seemingly nothing happened, but by faith, we believe God did what we asked Him to do. Therefore, follow the procedure by faith.

We start with the birth father. He may not have given ground or place. Then we proceed to the father's father and mother separately because they come from different family lines. We proceed to the birth mother herself and her father and mother separately.

This process may seem redundant, but we contend that it is necessary. We instruct the person not to block out the Holy Spirit's working, but to listen intently. Many will try to insert what he knows of the family background. He/she will need to listen and to operate only in and through the Holy Spirit.

It is important for the counselee to confess anytime the entities have caused them to sin and take back all ground or place they may have given. Then test as truth before the Throne of God if they have any legal right to stay. If that is clear, then proceed with the command to ask the Lord Jesus Christ to send the Holy angels to round them all up and make them bow before the Throne of the Lord God and His Son, the Lord Jesus Christ.

We command the demons, which have gone into the children or anyone else, to come before the Throne of God also. Ancestral demons have no ground or right to stay in the children. This is particularly true of young children.

Some may be able to envision and describe the circumstances of how this entity entered the family line. They may reveal what sin was committed to will describe the scene. Others will just follow you. Your next command is to ask the Lord God to have the angels to escort them to the Pit or where the Lord Jesus sends them. In order to not have the situation that Jesus describes in Luke 11; 24 "When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will return unto my house whence I come." We ask the Lord God to send them to the Pit or where the Lord Jesus sends them. No one in his right mind wants them to return. Then you will test as truth that they have all gone to the Pit or wherever the Lord Jesus sends them.

III. SECOND OBJECTIVE

A. FACTS ABOUT FAMILIAR SPIRITS

Familiar spirits are mentioned sixteen times in the Old and New Testament. The Bible tells us they are related to the occult and we are warned about them. The Bible warns us particularly about "mediums who have familiar spirits." We believe they are ancestral because "familiar" can be related to family. Mediumistic abilities are passed down from generation to generation.

Many times, church people who have mediumistic abilities mistake these evil spirits for the Holy Spirit and cannot discern the difference. Familiar spirits have no place or ground, but we usually ask the person to take background or place, just in case.

B. FACTS ABOUT SPIRIT GUIDES

Spirit guides, on the other hand, are placed or assigned to individuals by others. It is a gift, they feel, and are prevalent in American Indian backgrounds and other ancestry. They can confuse a person and masquerade as the Holy Spirit, leading them to believe that it is God directing them. We lead the person to take back all ground or place if they have believed a lie or relied on any other than the Holy Spirit.

After this session, many people see a considerable difference within themselves. Most individuals have a peaceful feeling inside, a greater freedom in reading the Word of God and prayer, and more victory over temptations.

FOURTH SESSION

FOURTH SESSION OBJECTIVES:

1. The counselor will lead the counselee to deal with his/her sins.
2. The counselor will confront the evil entities, which entered when the sin was committed.

INTRODUCTION

In this session you will want to find out if and what changes the person has experienced since the last session. You will want to discuss current problems and any difficulties the counselee has been having. You will then proceed with the prayers of protection, the prayer commands, and Rev. Rockstad's "Counseling in the Demonic Crisis" as you have done before.

You are ready to proceed with the immediate problems and areas of sin that the

counselee has been involved in. You will have some clues from the forms that you have evaluated.

It is important for the counselee to be aware of all that happens. In this session, we ask the person to reveal everything that comes to his/her mind and be a tattletale as to any conversations that go on in his head. We encourage the counselee to stay alert and to follow instructions. We desire to work with the person, not through demon powers.

We prefer to speak to the person and let him/her make the commands. This makes it the counselee's decisions. If entities take control, we call the name of the person, repeatedly, if necessary. We command the demons to loose the person and not to harm him/her. We instruct the person to look at the one who is making the commands and try to concentrate with us. The eyes are the mirrors of the soul. There may be times when the entities are transparent in the eyes and facial expressions.

Jessie Penn-Lewis made an important and profound statement in her book, War on the Saints, Page 258. She states that in demonic warfare, the believer learns that he is not fighting just one supernatural being. But the believer is fighting against principalities and powers. The believer also comes to realize that if he conquers just one entity, he has conquered all Hell. "IF HE STANDS VICTORIOUS AGAINST THEIR WILES, HE HAS CONQUERED, NOT ONLY ONE EVIL SPIRIT, BUT ALL HELL." It is necessary to be victorious over at least one evil spirit. If this is accomplished, then you and the counselee will be victorious over all.

She further states on that same page, "If he stands, all heaven sees it; if he is defeated, all hell knows it. If he triumphs, the hosts of darkness are not only conquered, but discouraged, and rendered less effective in their schemes". This can only be accomplished through the Lord Jesus Christ and His victory, when He put them to open shame through His death and the power of His resurrection. To accomplish this task, the counselor will need his/her sins confessed up to date, plus keep on the whole armor of God, each piece, and each day.

The counselor cannot demonstrate or teach victory to a victim of demonic invasion unless he has experienced it for himself. He cannot teach something he has not experienced nor lead another person closer to the Lord God than he is himself. The victorious saint of God should know the "Power of His Resurrection". He should know His authority over the devil in His life. He does not lean to his own understanding, and does not back off from the enemy's offensive attacks. He does not cringe in fear.

Each individual and each session is different. There are no "pat" answers, and if anyone tells you that there are, they do not know what they are talking about. These principles can be communicated. This is "on the job training" with the Master Teacher, through the Holy Spirit, and the Power of the Lord God. Do not hesitate to ask help from Him.

There may be times when you may need a conference with someone who has had more experience, if so do not hesitate. The other individual may not know all the answers, but they can stand with you and pray for you in intercession. We have individuals, who pray for us when we are facing hard cases. We just alert them that we are going to be in a session and they pray during that time. Sometimes they may have impressions from the Lord God that will be helpful.

II. PROCEDURE OR DELIVERANCE COMMANDS.

The commands for this session are recorded for you separately, but some comments of why these are made are necessary. In the first command, the groups of demons that the Lord God desires to be dealt with are called to the forefront. Through the years, we have discovered it is safest to let the Lord God pick out the one that He decides to deal with first. Some in this field will go to the one who comes forward on their own, the one they know for sure that is their or some other method.

We have found that there is a sequence in which God has in dealing with demonic entities. It is like a patchwork quilt or the underside of a needlepoint tapestry. Only the one who did it knows how it was put together or which colored threads were first or which were last. When you rely on His wisdom, you cannot go wrong. It takes the strain out of it all.

We have already discussed why we call the Chief Demon of the group forward. All of the demons related to this group are to be aligned in rank along with this one. We have discussed previously that we talk to the person. We desire that the counselee is aware what the entity is saying. Therefore, we do command that he/she continues to be in control and we instruct the person to tell us whatever comes to their mind.

This is may be difficult for some individuals, because they become aware of thoughts that are not theirs. They will experience thoughts that flash through their mind, but previously did not realize that it was planted by an entity, a demon. When they do become aware, it is then easy for them to cooperate and be a tattletale. For example, the counselee hears cursing in his mind or from his mouth towards the counselor or the Lord God. The counselee realizes that it is foreign to them. They do not think or say curse words or blaspheme. Sometimes they are embarrassed.

Most individuals will not be taken over completely although we have experienced that. If that does occur, you can do either of two things. You can let the entity talk, taking in consideration that they are all liars, like their father, the devil. Or you can call the person back by repeating their name and commanding that the entity "loose him/her."

If you let the entity speak, test as truth before the throne of God, all information. Require him to tell you the truth, then proceed. If you do not let the demon speak, then precede without comment. Please do not show your shock at anything said

or done and do not glory in your experience.

Remember when the Lord Jesus sent the seventy out in Luke 10:17-20. They came back with joy. They said, "Lord, even the devils are subject to us through your name." And He said, "I beheld Satan as lightning fall from heaven. Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you. Notwithstanding in this rejoice not, that the spirits are subject unto you, but rather rejoice, because your names are written in heaven."

These are precious and important verses. Remember them often and hide them deep in your hearts. Satan is the accuser of the brethren and you are not exempt. He will try to puff your ego and trick you any way he can. You are in a battle, this is not a computer game for fun. Take heed of the warning.

The usual questions and information you want from this demon entity is "What is your name. When did you enter, and what do you do in this individual?" Some demons have proper names. Some do not have a name. They are no-names, which are lesser demons. To humiliate them, accuse them of having no name. They lie often, so test everything before the Throne of God.

TRIUMPH COUNSELING MINISTRIES TRAINING MANUAL

SESSION FIVE

FIFTH SESSION OBJECTIVES:

1. The counselee will discuss with counselor traumatic happenings including any abuse.
2. The counselor will investigate names that the counselee has used and any indication of disassociation or fragmentation of the personality.

OBJECTIVE ONE: TRAUMATIC HAPPENINGS

In discussing and assessing traumatic happenings in the counselee's life, it is important to be aware of any abuse in the background. This is important because the counselee needs to deal with the abuse and the emotions associated with it.

We all have had some traumatic things happen to us in the course of our lives. Some of us have more serious issues than others. How we handle these emotions shape and mold us either in the image of the Lord Jesus Christ or as self serving humans that the devil can manipulate to do his bidding.

When the counselee faces sin in his/her life, there may be other emotions such as hate, anger, murder, etc. These emotions may have ancestral roots. The actions, which resulted from the emotions, will have to be confronted and confessed. Dealing with the demonic entities will not suffice for the actions from the

emotional baggage that self has utilized. Dealing with self and the crucifixion of self is the only solution. Unless the person is serious about his/her relationship with the Lord Jesus Christ, the counseling procedure will not be worth much.

We highly recommend that the counselee work through Neil Anderson's books, *The Bondage Breaker* and *Victory Over the Darkness* and the workbook that deals with these two books, *Breaking Through to Spiritual Maturity*. We recommend individuals work through these two books before the counseling procedure, if possible. Some may not be capable of completing this task until after counseling. This may be an approach that would help in some cases, if the resources were available.

II. OBJECTIVE TWO: INVESTIGATE ABUSE

While assessing the significant happenings in the counselee's life, you will need to be keenly aware of any habitual sexual abuse or traumatic abuse. By this time, you may be aware if or when the person dissociates and changes personalities. Observe for any hint or indication of abuse that may have occurred for a prolonged time at an early age. Become aware of any family secrets of abuse by family members and individuals or groups outside the family. This is a very sensitive matter. Whenever you encounter this information, you will want to proceed carefully.

Let us explore the possibility that you have a counselee that expresses to you that he/she cannot remember their early childhood. The counselee confides in you, after a few sessions, that there were family secrets that have never been told to anyone. Whenever this matter is mentioned, you observe the person changing to another voice inflection or attitude. When you started, you observed a loving, shy child. When you try to approach the family secrets, the person changes to an obnoxious hostile, filthy mouthed individual within a few minutes. You have ignored the obnoxious characteristics, but you have seen the changes and begin to suspect something deeper. What are your choices?

For years, we tried to deal with those who had been abused by helping them to come to forgiveness and dealing with the emotions. We dealt with any entities associated with the abuse and did not go any further. We have referred those that could afford to go to professional counselors, but some never seemed to get better. We had encountered some individuals, who were abused as little children. We just did not know what to do to help them. Some kept on coming back requesting our help and frankly, we felt helpless and inadequate. We knew there was a key and the Lord Jesus has all the keys.

Therefore, we were very relieved to find out that there was information available about dissociation or fragmentation of personalities. This was particularly true when we found there was help for those who had been sadistically or Satanically abused. These individuals who have survived habitual satanic abuse are the hard cases. These individuals need the best help they can get, yet it appears there are so few to help them. If the counselor does not acknowledge the existence of

ritualistic Satanic abuse, then there is no hope for these victims.

When you encounter these victims of Satanic worship whether individual or in a group, you will have the hardest cases of demonic invasion known. You will have to choose what you are going to do. You have the choice of letting them go their way and ignoring their need. It does require a lot of time and effort and prayer. You can walk away. We have seen many do that. They tell us they do not have the time. They are afraid of Satan and his demons. They are afraid for their church and their families. They just do not want to get involved.

You have the choice of referring these individuals to other counselors. That is within your right. You can hope they get help and the right kind of help. You may feel inadequate to enter into this further. You may feel a mental health professional is best or another Christian counselor is the answer.

You may choose to commit yourself to the Lord God and be willing to be used to help this individual. It is a commitment. It will lead you further in your faith than you have encountered before. You will have to have faith for you, your family and even the individual, before it is over.

Is it worth it? We believe it is. It is not an easy road, but we have seen some spiritual growth, some victories, some defeats and some ongoing cases that seem endless. We have grown spiritually. Each battle and each skirmish is a lesson. Each victory in the past, we use daily.

If needed, progress to the lessons on Satanic or Sadistic Ritualistic Abuse and Dissociative Identity Disorder (DID).

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